

EEB4 Jānis Pārums

Agenda item: 4. Ecosprinter Editorial Board Candidates

# Jānis Pārums

Candidate for Ecosprinter Editorial Board

Member organization "Protests"  
Janis.Parums@edu.bib.de

Dear voters,

Currently, I am taking on all opportunities life can give. This means, that instead of focusing on a career, I have a strong focus on self-development. My philosophy is, that knowledge and experience have great value, and money follows information.

Voluntary work is what will give me the experience I need for my later life, as my plan is to get a Ph.D. or a doctorates degree, so I can help green parties across the world by providing scientific research, educating new generations, and fighting for a fair world, where oppressed communities (for example, LGBTQ+, migrants, people of color, non-binary people, others) can live freely, happily and protected.

On the other hand, I have education and internship experience as a media and graphic designer. By applying as a volunteer for the editorial board, I will be able to bring not only my knowledge and skills to the team but also learn and gain experience in journalism. Previously I wanted to write an article for the Ecosprinter, discussing how outdoors are crowded with flashy and vibrant commercials, that affect people. A great example of that is one's home – beige and white tones are preferred and gaining in popularity, as it is in contrast with the vibrant commercials. House is a safe space for a person to feel calm. Due to time management, I decided not to write the article, as it would not be responsible to deliver mediocre results or non at all.

One day I am looking forward to applying for an internship in a green-politics-based organization, as I will be studying sociology. Maybe it could be FYEG? That's why I would like to be present and seen in the organization through my activity, even if I don't succeed.

Thank you for your consideration.

Sincerely,  
Janis Parums

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## Skills

Project management

Communication

Adobe Creative Cloud

Blender (3D Software)

WordPress

WordPress

HTML, CSS, JavaScript, Python

Voluntary work in NGOs and civic societies

Media production (audiovisual work)

Fund-raising

## Education

Valmiera Pargauja gymnasium (Secondary)

Erasmus+ exchange project in Social Entrepreneurship acquired YouthPass (1 week)

Bib International College Paderborn (Certificate in Media and Graphic Design)

The University of Latvia, Faculty of Social Sciences – Sociology (starting this year)

## Work

Marjas-Stoffstern 3-month internship as a Media Designer

(The internship included producing and editing photography and illustrations for the website and the shop itself. During my internship, I learned proper communication with the owner of the shop, while keeping in touch with the college’s docents to understand my flaws, maximize professional working ethics, and provide needed documentation. One side task included the creation of a magazine, which was done using Adobe InDesign. The task was easy, as layout and typography are both of my strengths. For photography and illustrations, I used Adobe Photoshop and Adobe Illustrator, both software in which I am fluent.)

## Voluntary work

**Valmiera Region fund’s youth organization “Jauniešu Ideju laboratorija”**

(This was my first voluntary work, where I started as a simple participant following the instructions of the coordinator. I quickly adapted and brought many changes within the organization's main event “Eziša Miga”. The goal of this activity and involvement in the organization is to raise funds, through which we support project ideas submitted by the youth at the end of the season (when we are done with all of the fund-raising projects). The

## Curriculum Vitae

submitted projects required that it serves a civic purpose and a non-profit basis (for example, book-exchange shelves across the region). I wanted the activities to be more transparent, as conservative people were concerned about trustworthiness – if they can win prizes worth the donation sum of 5 Euros. So instead of having it as a lottery, where people take a piece of paper with a number, I replaced it with a wheel of fortune. This doubled the interest to participate and tripled the raised funds. Since I was active in the youth organization, I was invited to join the fund's board team.

### **Valmiera Region fund**

(In the fund I took up the role of assisting the European Voluntary Service (now known as the European Solidarity Corps) exchange program participants. This meant that my task was to “be a friend”, and a safe person, and help the participants integrate within Latvia. The role also included reporting back to the fund if there were any issues or complications. During my work at the fund, I learned how to write and organize Erasmus+ projects. Ours was about social entrepreneurship. Additionally, similar to how the youth organization works, the fund also accepts projects that require finances to be developed. In this case, the projects are much bigger and more serious, as those are written by adults requiring significantly more financing than youth projects. I was on the committee, where my task was to give feedback and overlook the relevancy of the project that resonates with youth needs and sustainability for the future. As well as the right to vote for the project to be accepted or rejected. Lastly, through the fund, I had the opportunity to engage in civic politics. By the fund, I was sent as a delegate to vote and propose ideas for the integration pact, which is renewed every 4 years after the formation of a newly elected government and is organized by Latvia's Cabinet of Ministers specially created council “memoranda padome” ( <https://twitter.com/lidzdaliba> ). I was successful at suggesting policies that ensured the integration, protection, and support of Syrian refugees during the crisis. My slogan was “Culture cannot be destroyed, only enriched”.

### **Orgnaization “Protests”**

In “Protests” I joined recently, but I have taken all the opportunities the organization has given. My first study session was by CDN in Hungary, Budapest. The study session “Green cities for sustainable future” lasted a week, where I along other participants got to explore how urban planning affects social well-being, mental health, creates issues (for example, gentrification) or even solutions as green spaces and pedestrian areas. After that, I participated in multiple online study sessions organized by the CDN.

My second session was the Youth General Assembly in Brussels, organized by FYEG. The chance to meet and talk to the MEP of European Parliament's party “European Greens” let me further understand how I can help the political party “Progresīvie”, in which I take part, as well as what challenges I'd face as a candidate.

Within the organization I've engaged in helping to manage different projects – either educational or protests.

### **Political party “Progresīvie”**

Participating in meetings of different workgroups and exchanging opinions when needed.